

# 180 DAYS<sup>TM</sup>

## Lessons and Activities

### Cursive: Advanced

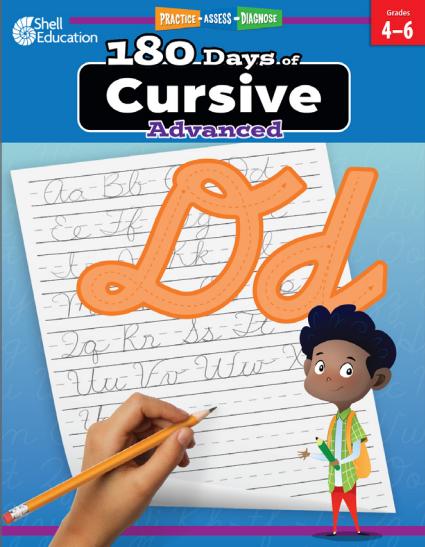
#### Table of Contents

Cover (1 page)

Table of Contents (2 pages)

How to Use This Book (2 pages)

Lesson Pages (5 pages)



**180 Days of Cursive Advanced**

Grades 4-6

**Introduction**

**How to Use This Book**

**Day 1**

**Directionality and Strokes**

180 Days of Cursive Advanced prioritizes giving students a strong foundation as they begin practicing. Before each lesson is introduced, students have a chance to practice strokes—the basic shapes that make up letters. Students will learn how to break down the lowercase and uppercase letter before applying all the strokes to write.

**Day 2**

**Cursive Uppercase and Lowercase**

Uppercase and lowercase letters are important building blocks for reading and writing. Setting them up for success. Students benefit from tracing writing letters independently, and writing letters as parts of words. Students use uppercase and lowercase letters to make a specific connection. They are also applying this to vocabulary and sight words.

**WEEK 17 DAY 4**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Solve each puzzle. What are the words and pictures saying?

lang4age	abcdefghijklmnopqrstuvwxyz
or n n u	m ss n o
g n f i i h s	MILLION
s o o k	on in mi ion

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# 180 Days of Cursive Advanced



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# How to Use This Book

### Day 1

## Directionality and Strokes

*180 Days of Cursive: Advanced* prioritizes giving students a strong foundation as they begin practicing. Before each letter is introduced, students have a chance to practice strokes—the basic shapes that make up letters. Students practice the individual strokes of the lowercase and uppercase letter before applying all the strokes to write.

WEEK 7  
DAY 1

Directionality and Strokes

Name: \_\_\_\_\_ Date: \_\_\_\_\_

*L l*

Directions: Trace each loop and letter. Then, copy each row.

Tracing practice rows for uppercase 'L' and lowercase 'l'.

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### Day 2

## Cursive Uppercase and Lowercase

Uppercase and lowercase letters are introduced after the relevant letter strokes are introduced and practiced, setting students up for success. Students benefit from tracing letters, writing letters independently, and writing letters as parts of words. Students use their understanding of letter shapes, spacing, and connection. They are also applying their skills to vocabulary and sight words.

WEEK 7  
DAY 2

Cursive Uppercase & Lowercase

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Directions: Trace each letter. Then, practice writing your own letters.

Tracing practice rows for uppercase 'L' and lowercase 'l'.

Directions: Trace each letter. Then, copy the patterns.

Tracing practice rows for uppercase 'Ll' and lowercase 'll'.

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## Sentence Practice

# Day 3

Students practice words and sentences with each sample letter. By using the letters in sentences, students demonstrate spatial awareness and practice proper punctuation. Students go over each letter presented through alliterative sentences and writing prompts. Repetition of high-frequency words in sentences also reinforces cursive writing retention.

# Activity

## Day 4

Activities give students opportunities to practice strokes, directionality, and letter recognition in engaging ways. At the fourth, fifth, and sixth grade levels, it is important to focus on refining fine-motor skills and making practice fun.

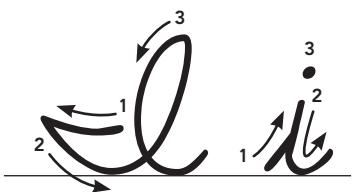
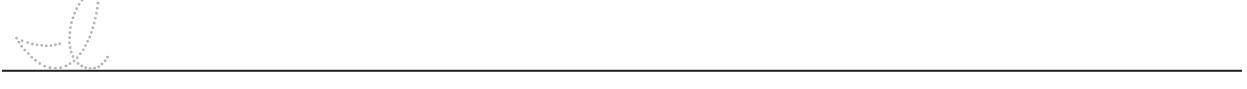
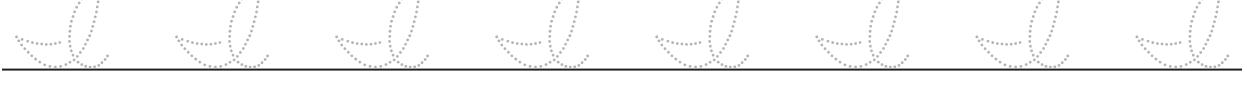
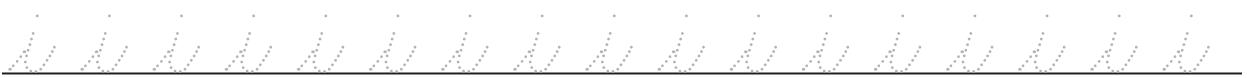
<b>WEEK 7</b> <b>DAY 4</b> <b>Activity</b>	<p>Name: _____ Date: _____</p> <p><b>Directions:</b> Unscramble the letters. Then, write the words in cursive.</p> <p><b>Clue:</b> activities</p> <table border="0"> <tr> <td style="width: 50%;"> <b>licmb a</b>  <b>ouminta</b>  <b>climb</b>  <b>mount in</b> </td> <td style="width: 50%;"> <b>stenil ot</b>  <b>cismu</b>  <hr/> <hr/> </td> </tr> <tr> <td> <b>og hnga</b>  <b>dingilg</b> </td> <td> <b>andl ar</b>  <b>rspanelia</b>  <hr/> <hr/> </td> </tr> <tr> <td> <b>earnl ot</b>  <b>veindr</b> </td> <td> <b>fyl a itek</b>  <hr/> <hr/> </td> </tr> </table> 	<b>licmb a</b> <b>ouminta</b> <b>climb</b> <b>mount in</b>	<b>stenil ot</b> <b>cismu</b> <hr/> <hr/>	<b>og hnga</b> <b>dingilg</b>	<b>andl ar</b> <b>rspanelia</b> <hr/> <hr/>	<b>earnl ot</b> <b>veindr</b>	<b>fyl a itek</b> <hr/> <hr/>
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<b>earnl ot</b> <b>veindr</b>	<b>fyl a itek</b> <hr/> <hr/>						

## Activity or Review

## Day 5

A key to mastering cursive is repetition. Students are presented with activities on letter weeks and reviews on number weeks to give them opportunities to practice. The activities and reviews build on material presented to practice connections and move toward more independent writing. The reviews also provide opportunities to improve cursive writing through repetition.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Trace each curved line and letter. Then, copy each row.

*l*

**Directions:** Trace each letter. Then, copy the patterns.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Copy the words. Then, fill the lines.

city

light

idea

**Directions:** Use the words above to finish the sentences. Then, write your own sentences using the words.

I have an \_\_\_\_\_.

I want to leave the \_\_\_\_\_ to see the stars.



Do you think we will be able to see stars without the \_\_\_\_\_ from the city?

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Solve each puzzle. What are the words and pictures saying?**lang4uage****abcdefghijklm  
nopqrstuvwxyz***or n**m ss n**n u**o*

	g
	n
f	i
i	h
s	

**MILLION***s**on in**ook**mi ion*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:** Find rhyming words that match each definition.

seafood platter

*fish*

excellent spruce tree

*fine*

fat branch

*thick*

bunny custom

*rabbit*

a hog's fake hair

