

Kids Learn!

Lessons and Activities

Kindergarten

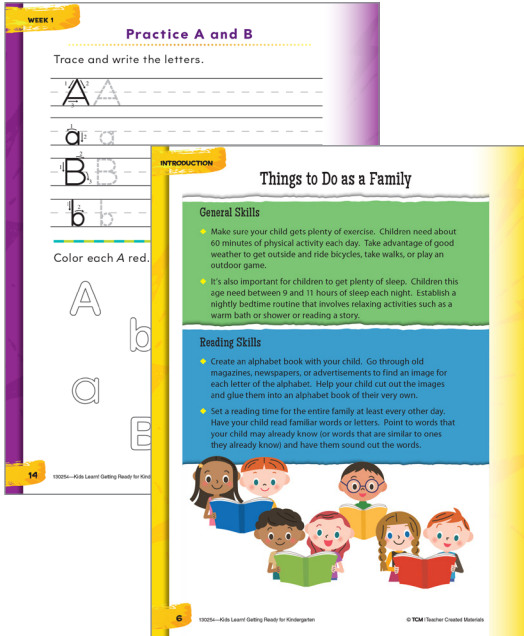
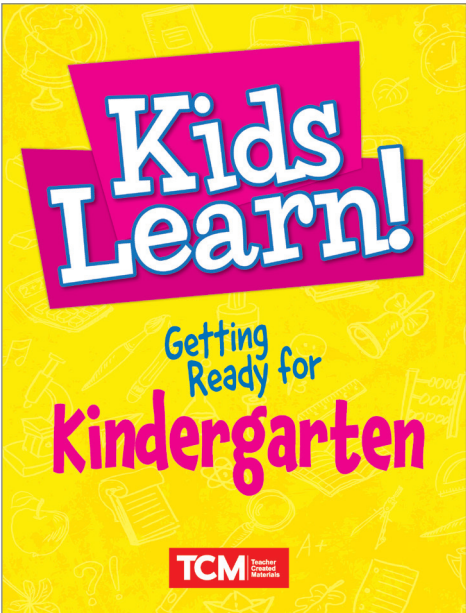
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Kids Learn!

Getting
Ready for

Kindergarten

TCM | Teacher
Created
Materials

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Welcome Letter

Dear Family,

Kids Learn! Getting Ready for Kindergarten was designed to help your child prepare for the exciting year ahead. The engaging activities are based on today's standards and provide practice with essential reading, writing, and math skills. Since your child is developing their skills, it is important that you work through the activities together. This book will help your child GET READY for kindergarten! Keep these tips in mind as you work with your child:

- ◆ Have your child complete one or two pages each time they work, rather than an entire week's worth of activities at one time.
- ◆ Keep all practice sessions with your child positive and constructive. If your child gets frustrated, set the book aside and find another time to practice.
- ◆ Help your child with the directions. If your child is having difficulty understanding what to do, work through some of the problems together.
- ◆ Encourage your child to creatively share their thoughts and feelings on the My Journal pages.

Enjoy spending time with your child. Kindergarten will be here before you know it!



Things to Do as a Family

General Skills

- ◆ Make sure your child gets plenty of exercise. Children need about 60 minutes of physical activity each day. Take advantage of good weather to get outside and ride bicycles, take walks, or play an outdoor game.
- ◆ It's also important for children to get plenty of sleep. Children this age need between 9 and 11 hours of sleep each night. Establish a nightly bedtime routine that involves relaxing activities such as a warm bath or shower or reading a story.

Reading Skills

- ◆ Create an alphabet book with your child. Go through old magazines, newspapers, or advertisements to find an image for each letter of the alphabet. Help your child cut out the images and glue them into an alphabet book of their very own.
- ◆ Set a reading time for the entire family at least every other day. Have your child read familiar words or letters. Point to words that your child may already know (or words that are similar to ones they already know) and have them sound out the words.



Games to Play Together

Hunt for the Alphabet

Have your child help you find all the letters of the alphabet. Look for each letter in order on billboards, license plates, store signs, etc. This will encourage letter recognition as well as learning and understanding alphabetical order. This game can also be played with numbers.

I Spy (with a Twist)

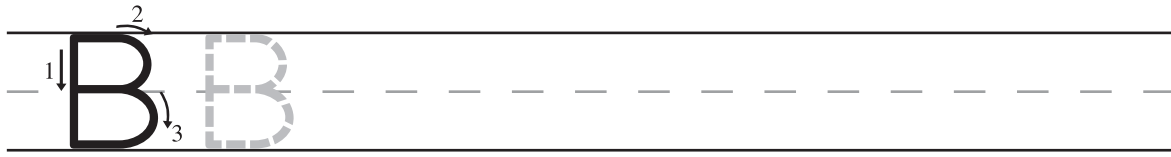
Instead of always spying a colored object, spy objects that are certain shapes, distances, or textures. You might say, "I spy an oval." Or, "I spy something far away." Or even, "I spy something bumpy." And don't forget to allow yes/no critical-thinking questions. For example, "Is the object high in the sky?" Or, "Is the object inside the car?"

Who Am I?

Think of a person your child knows. This can be a friend, neighbor, grandparent, or even a fictional or historical character they love. Then, give your child clues about that person using hair color, gender, whether they wear glasses, etc. Keep giving clues until your child guesses who the person is.

Practice A and B

Trace and write the letters.



Color each A red. Color each B blue.



Crazy Counting

1 Count to 5 in a "baby" voice.



2 Count to 5 in a "silly" voice.

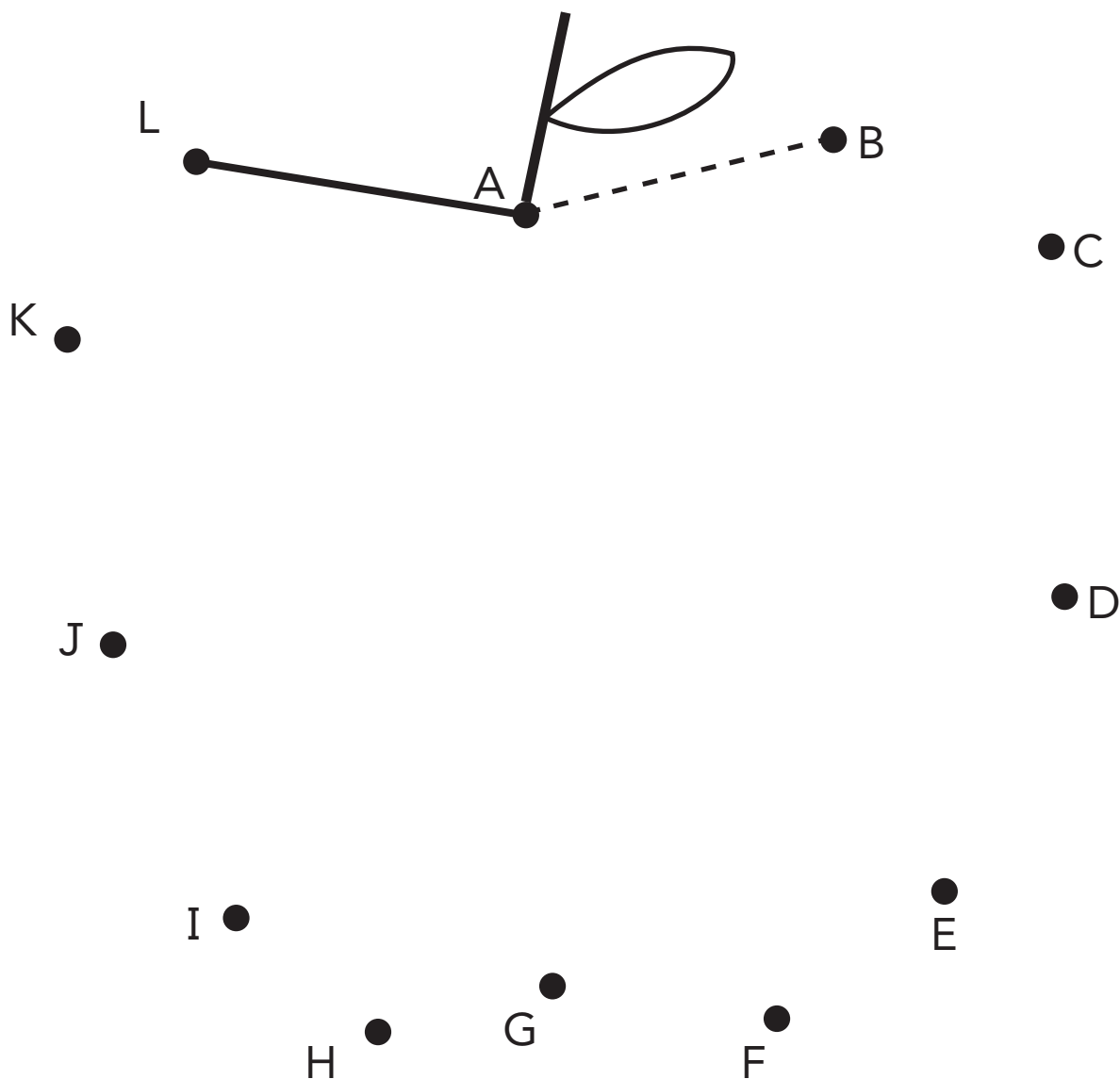


3 Point to the numbers as you count.



Find the Picture

Connect the letters in order. Color the picture.



Talk About It!

What different colors do apples come in?